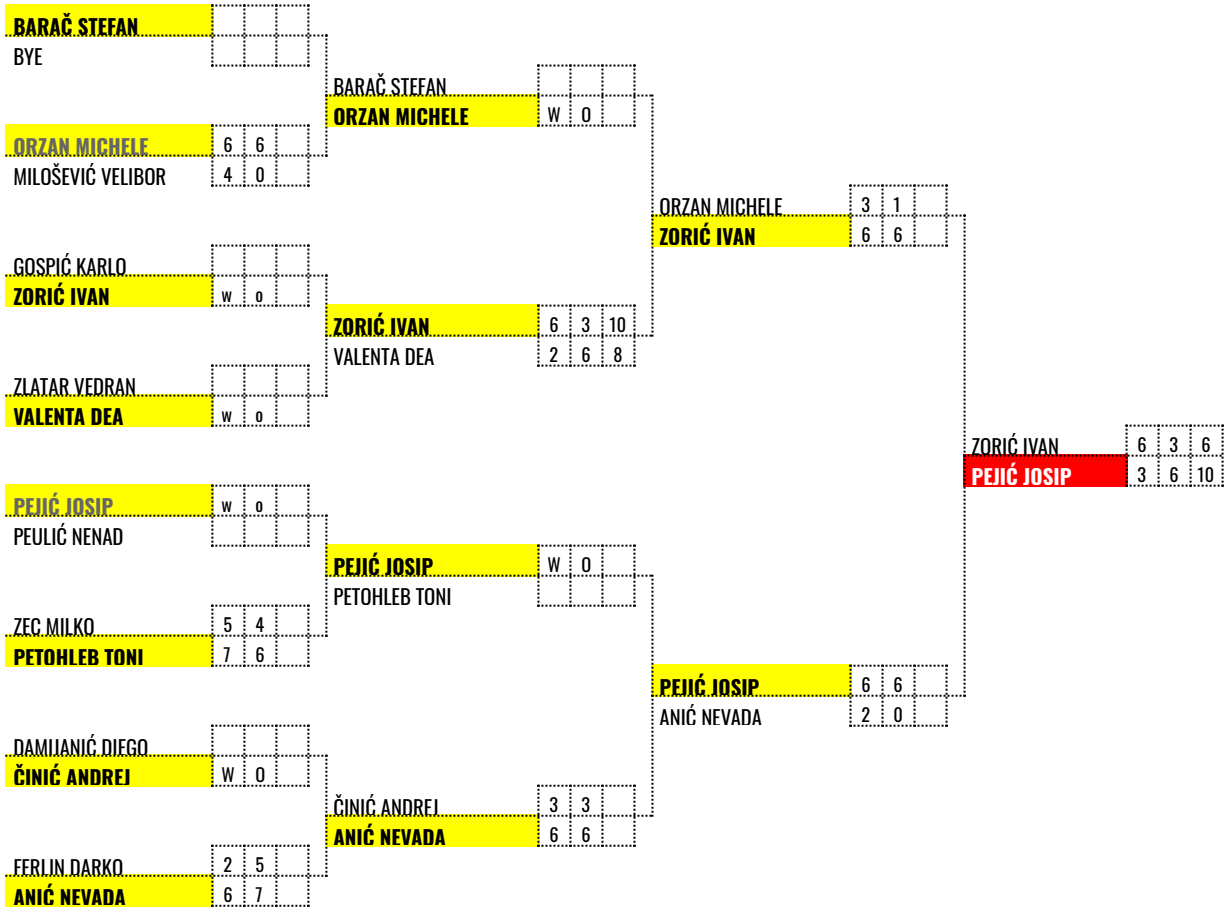7. Utješni 2019